America's Dementia Coach (ADC) is offering Skilled Nursing and Life Plan Communities the opportunity to participate in the

Iowa iCare Dementia Training Project

What is the iCARE Dementia Training Project?

1. Allows Skilled Nursing and Life Plan communities to **i**ntegrate **C**ertified **A**lzheimer's **R**equired **E**ducation (iCARE) into their community standards
2. Provides the National Council of Certified Dementia Practitioners (NCCDP) Certified Dementia Practitioner (CDP) Training – *the DCP curriculum is recognized by CMS and the NCCDP is listed on the CMS Crosswalk page*
3. Offers continued support that the CDP principles are integrated into the community's organizational culture
4. Funded by a CMP Reinvestment Program grant

CDP Training

1. Provides fundamental education on dementia and dementia care
2. Enhances the quality of life of dementia residents through education care providers
3. Fosters sensitivity and respect for residents living with dementia
4. Teaches communication techniques

The iCARE Dementia Training Project's Goals

- **Improve the quality of life of residents**
- **Empower staff by providing the CDP Training to improve staff/resident interactions**

Iowa iCARE Dementia Training Project Deliverables

Training

- **Conducted by a Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT)**
- **Maximum 15 staff members per session**
- **Conducted Virtually**—*to allow for maximum participation*
- **Training materials**

Participants will...

- **Have an understanding of dementia**
- **Identify common causes of aggressive, repetitive, and sundowning behaviors**
- **Describe behavioral/care interventions that may be used to prevent or reduce difficult care situations**
- **Describe challenges related to caregiver stress and utilize stress reduction techniques**
- **Learn alternative activity interventions that are success-oriented and failure-free**

Post Training

- **Submit certification applications**
- **Obtain certification number and certificate**
- **Customized Refresher Trainings**
  11th - 12th months of the project
- **Continued Support**
- **List of CEU availability - annually**

For more information about this project, please contact

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AMERICA'S Dementia COACH

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